



Hypnae Center Certified Hypnotherapist Course

The aim of the course is to provide participants with a good grasp of Hypnosis and Hypnotherapy in order to equip them with skills to deal with real clients. Under the guidance of our team of Consultant Hypnotherapists, you will learn how to become a Professional Hypnotherapist. This 6 month programme is specially brought to Singapore with full accreditation from The National Guild Of Hypnotists, the International Association of Counselors and Therapists and the International Medical and Dental Hypnotherapy Association for a practical and down-to-earth 130 hours of training. Upon completion of all class hours plus hands-on practice and independent study, participants will be eligible for examination leading to the award and graduation as a Certified Hypnotherapist. This internationally recognized qualification entitles one to practice as a Hypnotherapist in any country of their choosing. After graduation, students are given the option of a 3 month internship at our Clinic where they will have a chance to meet real clients.

Stage 1	Stage 2	Stage 3	Internship 3 Months
<u>HC 101: Theory of Hypnosis</u> <ul style="list-style-type: none">• Lectures• Tutorials• Assignments	<u>HC 111: Hypnosis and Hypnotherapy</u> <ul style="list-style-type: none">• Lectures• Practicum• Case Management• Assignments• Attachment to Clinical Facility	<u>HC 201: Regression and Advanced Techniques</u> <ul style="list-style-type: none">• Lectures• Practicum• Assignments• Attachment to Clinical Facility	Graduates will be allowed to undergo a 3 month internship at our clinic where they will handle real cases under the supervision of one of our therapists
Total: 23 hrs	Total: 73 hrs	Total: 34 hrs	Total: 3 Months

Lecture Times: Weekends, 9am - 5pm

Venue: Camden Medical Centre

Course Outline

These topics will be covered in the course:

- What is Hypnosis
- History of Hypnosis
- Conscious Mind and Subconscious Mind
- Principles of Hypnosis
- Understanding Psychology
- Suggestibility Tests
- Hypnotic Inductions
- Depth Tests
- Deepening Techniques
- Stress Management
- Smoking Management
- Weight Management
- Empath-Talk and Counseling skills
- Imagery Psychology and Hypnosis
- Regression Theory
- Regression Techniques
- Self-Hypnosis Education

Entry Requirements

Candidates should possess an acceptable command of English. They should demonstrate a commitment and motivation for the course. An interest in helping people with various issues is expected of candidates.

The National Guild Of Hypnotists



The National Guild of Hypnotists (NGH) is the largest and oldest hypnotherapy organization in the world. The National Guild of Hypnotists, Inc. is a not-for-profit, educational corporation in the State of New Hampshire. Officially founded in Boston, Massachusetts in 1950 the Guild is a professional organization comprised of dedicated individuals committed to advancing the field of hypnotism. They provide an open forum for the free exchange of ideas concerning hypnotism. The Guild is a resource for members and a vehicle for legal and legislative action. They were established in 1950/51 by an enthusiastic group of hypnotists and Dr. Rexford L. North, Director of the Hypnotism Center of Boston, MA. Within a short time, local chapters were formed and operating in many major cities throughout the US and Canada. Important resources through the years have been The Journal of Hypnotism and The Hypno-Gram, the very first publications devoted exclusively to the field of hypnotism.

This unique organization continues to encourage an eclectic exchange of ideas, fellowship, mutual trust and cooperation among members - while promoting and protecting the art, science and philosophy of hypnotism.

Each year the NGH holds an educational conference which is attended by hypnotists from all over the world.



The International Medical and Dental Hypnotherapy Association

The International Medical and Dental Hypnotherapy Association is a Referral Service dedicated to providing the community with excellently trained Certified Hypnotherapists. IMDHA Practitioners work harmoniously with allied healthcare professionals to aid individuals in dealing with specific challenges and procedures.

Our objective is to help create a sense of peace and harmony within the individual so that the current challenge can be met and dealt with in a positive manner, thus making the journey toward wellness and peace of mind less traumatic.

Our goal is to reduce the stress the individual is experiencing as a hospital patient and/or surgical patient, etc. Less stress allows the body to focus attention on its natural course of healing. The method to be used is hypnosis.

In addition to medical challenges all IMDHA members assist persons in dealing effectively with non-medical problems. Finding solutions to self-sabotaging habits leads to peace of mind and control of unwanted, negative behavior. Self Empowerment is the goal.

The International Association of Counselors and Therapists



The International Association of Counselors and Therapists, based in the United States of America is a premier association for holistic practitioners that provides a forum where members may exchange ideas, information, techniques and methodologies.

Establishing itself apart from the rest as a multidisciplinary association, which specializes in holistic techniques. IACT's membership includes medical practitioners, psychologists, clinical social workers, coaches, stress consultants, NLP practitioners, clergy, licensed massage therapists, hypnotists, hypnotherapists, biofeedback specialists, nutritionists, educators, mental health therapists, substance abuse counselors and others in the helping, healing arts.



Hypnae Center is one of the few successful Hypnotherapy practices in the world located in a Medical Center. It is a leading hypnotherapy center in the region of South East Asia and the only hypnotherapy center in a medical center in Singapore. Our clientele includes Singaporeans and Expatriates in Singapore, Malaysians, Indonesians, Thai, Australians and various other nationalities in the region.

The vision of Hypnae Center is to help the people achieve a healthier mental and subconscious understanding of themselves through the advocacy, education and promotion of hypnosis and hypnotherapy.

Fee Payment

\$5400.00 inclusive of The National Guild Of Hypnosis registration, International Association of Counselors and Therapists registration, International Medical and Dental Hypnotherapy Association, study materials, tuition fees, examination fees, group supervision, individual supervision and graduation (in Singapore).

All fees are in Singapore Dollars and are payable to Hypnae Center.

All fees are inclusive of GST.

Closing Dates

Deadlines for applications for each intake are 2 weeks before the commencement of the course.

Contact

For more information about the Certified Hypnotherapist Course, please contact our course manager:

Telephone: (65) 6333 6776

Facsimile: (65) 6333 6281

Mobile: (65) 9837 0370

Email: yilin@hypnae.com

Hypnae Center Website: <http://www.hypnae.com>

The National Guild of Hypnotists: <http://www.ngh.net>

Camden Medical Centre: <http://www.camdenmedical.com/>

International Association of Counselors and Therapists: <http://www.iact.org>

International Medical and Dental Hypnotherap Association: <http://www.imdha.com>