

“Before I met my therapist, I was on drugs. Drugs make my life difficult. I can’t be with my family, I am always depressed, and I can’t manage my money properly. I also smoked two packets of cigarettes a day and I was overweight. My life was out of track. And then suddenly, I met my therapist through my sister. She introduced him to me. We chatted for awhile and I’ve decided to go for therapy sessions with him. After 14 sessions with him, I feel very good. I quit drugs and cigarettes from day one. At first I was skeptical that I would have a cold turkey or any withdrawal symptoms. To my surprise, I wasn’t having any of those throughout my sessions and up until now. I also managed to lose 4 kg in a week. Thank you, thank you very much for helping me to solve these problems and put my life back on the road again.”

Mr A B – 27 years old (06 Aug 2008) [English Version]
[Conditions: Drug Addiction / Smoking Cessation / Depression]

“Sebelum saya bertemu Dr Chua, saya menggunakan Narkoba. Narkoba membuat hidup saya menjadi susah. Saya tidak bisa bersama keluarga saya, saya selalu merasa tertekan, dan saya tidak bisa mengatur keuangan saya dengan baik. Saya juga merokok dua bungkus rokok sehari dan saya juga kelebihan berat badan. Hidup saya keluar jalur. Dan tiba-tiba saya dikenalkan Dr. Chua oleh kakak saya. Saat itu juga kita berbincang-bincang dan memutuskan untuk melakukan terapi dengannya. Setelah ki sesi dengannya saya merasa senang sekali. Saya berhenti Narkoba dan rokok sejak hati pertama. Pertamanya saya pesimis kalau saya nantinya tidak akan mengalamirasa sakit atau sakau karena berhenti menggunakan Narkoka. Tetapi saya terkejut ternyata saya tidak mengalaminyaselama sesi-sesi saya sampai dengan sekarang. Saya juga telah kehilangan 4kg dalam seminggu. Terima kasih Dr. Chua, terima kasih telah menolong saya dengan masalah-masalah saya, dan mengembalikan saya ke jalan yang benar lagi.”

Mr A B – 27 years old (06 Aug 2008) [Indonesian Version]
[Conditions: Drug Addiction / Smoking Cessation / Depression]

“Firstly, thanks for your empathy shown and allowing me to trust in you and your work. I have experienced many positive emotions and growth which has led me on the way to an alcoholic-free life. I feel confident in the future, stronger to tackle day to day disturbances, problems in my life. I feel more at ease to allow myself pleasure for the moment. Removal of stress, bad thoughts in mind has been a key in this development. Now on the last session, I have a small feeling of missing the work with you but the power to continue within this work. All the best.”

Mr S F - 54 years old (29 Apr 2008)
[Conditions: Stress Management / Addiction of Alcohol]