

An Advanced Career & Specialists Training

**For Practicing
Hypnotherapists**



Past Life Regression Training

By Mr Andy Tomlinson (from UK)

1-day Introduction to Past Life Regression

Course Code: IPLR0208

This is a one-day professional seminar on Past Life and Spiritual Regression by Andy Tomlinson, and also includes a demonstration of Regression Therapy. It will be of particular benefit to therapists considering being trained in using this therapy themselves. The workshop will also enable attendees to experience entering into their own past life memories.

Past Life Regression and Regression Therapy

Within each of us reside the events and memories of past lives. A migraine, chronic lower back pain or knee problem may be telling a story from an old accident or wound. A chronic sore throat may derive from strangling, hanging or choking. As the soul returns to life over and over, these traumatic memories are re-created, often making little sense in the context of the present life and keeping us from living peaceful lives. They emerge as obsessions, recurring relationship problems, nightmares, anger, depression, sadness, panic attacks and unexplained physical pains. Regression Therapy transforms these together with problems from our current life in one comprehensive process.

Take the opportunity to work with internationally experienced therapist and trainer Andy Tomlinson, UK to get a deeper understanding of who you are and what your journey through time might have looked like.

Date: 28 Feb 2008 Time: 0930 - 1700 hours

Fee: S\$ 60 only

Venue: Hypnae Center Pte Ltd, #13-01 Camden Medical Centre, 1 Orchard Boulevard, Singapore 248649

Hypnosis Training

Course Code: HT0308

This is a 4 day-workshop covering the foundation requirements of using hypnosis with clients. The student will be introduced to traditional and Ericksonian hypnosis techniques. It includes practical lecture, live demonstrations, pair work, supervision and reading assignments. Learn what hypnosis is and what it is not, how mind works and how hypnosis fits in this model, get familiar with various induction methods, how to deepen the trance, work with various suggestion models and learn how to help clients with various issues, like lack of self-confidence, stress reduction, weight loss, smoking, to name but a few.

Date: 01 to 04 Mar 2008 Time: 0930 - 1800 hours

Fee: \$ 1,400 only

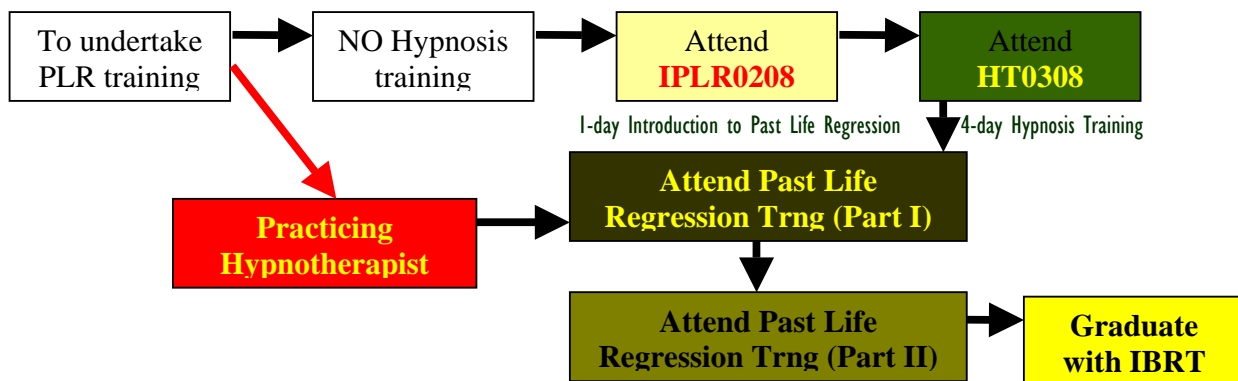
Venue: Hypnae Center Pte Ltd, #13-01 Camden Medical Centre, 1 Orchard Boulevard, Singapore 248649



Andy is a psychology graduate and registered United Kingdom Council for Psychotherapy (U.K.C.P.) psycho-therapist. He has been trained in Hypnotherapy, Psychotherapy and Regression therapy and is an International Board of Regression Therapy (I.B.R.T.) certified therapist.

He has also been trained by the Michael Newton Institute in Spiritual Regression. He has studied a range of spiritual approaches including the Ancient Wisdom, and is the author of the book *Healing the Eternal Soul* which is a manual of regression therapy techniques. A highly experienced international trainer, Andy developed his skills over ten years as a management trainer before starting regression therapy training in 2000. He includes in his teaching interactive discussion, demonstration, pairs work, video, case studies, poetry, music and humour.

Pathway to Past Life Regression Certification



Past Life Regression Training (Part I & II)

The training is accredited by the **International Board of Regression Therapy (IBRT)** and meets the requirements to be a professional member of the **European Association of Regression Therapy (EARTH)**. It includes lectures, demonstrations, experiential exercises, pair work, supervision and reading. Andy Tomlinson, internationally renowned Past Life Regression trainer, will lead through the training. You get to study the following: Exploring a Past Life and Healing in the Spirit Realms; Bridges and Clearing Energy Blocks; Body Therapy and Healing Trauma; Current Life Regression and Spirit Release

Code: (Part I) PLRT0508A

(Part II) PLRT1008B

Date: (Part I) 28 May to 04 Jun 2008

(Part II) 18 to 25 Oct 2008

Time: 0930 - 1800 hours

Fee: (Part I & II) S\$2,700 for each part (early bird)

Deposit of S\$ 500 to be paid before 31 Mar 08 and 15 Aug 08 for early bird discount

Normal Fee S\$3,200 for each part

Venue: Hypnae Center Pte Ltd, #13-01 Camden Medical Centre, 1 Orchard Boulevard, Singapore 248649

Diploma in Regression Therapy

On the successful completion of the training program a Diploma in Regression Therapy (Dip RTh) is awarded which is accredited by the International Board of Regression Therapy (IBRT).

Visit these websites for more details...

<http://www.plracademy-singapore.com/training.html> or at www.hypnae.com

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