

ADVANCED 2-DAY (20 HOURS) POST-CERTIFICATION HYPNOSIS COURSE WITH I.M.D.H.A. (USA)

Preamble

This is an advanced course for existing Certified Hypnotherapists trained with the National Guild of Hypnotists (NGH) tradition, who are keen to advanced their skills and knowledge to augment their understanding of hypnosis to a higher and different level playing field.

Participants desiring to pursue the extra 20 hours programme to be certified with the **International Medical and Dental Hypnotherapy Association (USA)** can apply to join this 20 hours (run over 2 consecutive weekends) at least one (1) month after their regular 100 hours NGH Certified Hypnotherapists' course. There will be a theory examinable paper that will be taken by course participants before IMDHA are accorded to participants.

Course participants will be steered directly to advanced hypnotherapeutic methods and techniques (without recourse to perfunctory methodologies: course participants are expected to know the basics), inter-alia:-

- Laws & Keys to Effective Suggestion
- Rules of the Mind & 10-Step "I'm in Control" Presentation
- Practical Hints in Suggestibility Testing
- Suggestibility Testing (Sway, Hand Clasp, Rising/Falling Arm, Eyelock, Finger Spreading, Pendulum etc)
- Essentials of Successful Hypnosis & Levels of Trance from other schools
- Forms, Ways and Various Advanced Hypnotic Induction Methods
- Characteristics of Experienced Subjects
- Additional Induction Scripts
- Subjective Hypnotic Depths
- 15 Hypnotic Deepening Techniques & Hypnotic Challenges and Deepening
- Abreactions and Ending a Trance
- Metaphors, Analogies and Aphorisms
- Structuring a Metaphor
- First Session Outline & Four Stages of Programming the Client
- Intake and Client's Release Forms
- Introduction & Sample Cases to Clinical and Medical Hypnosis
- Sports and Stage Hypnosis, Hypnobirthing principles
- Informed Child Technique / Parts Mediation / Igloo Therapy (Intermediate)