

ADVANCED 2-DAY (20 HOURS) POST-CERTIFICATION HYPNOSIS COURSE WITH I.M.D.H.A. (USA) AND A.P.H.P. (UK).

Preamble

This is an advanced course for existing Certified Hypnotherapists trained with the National Guild of Hypnotists (NGH) tradition, who are keen to advanced their skills and knowledge to augment their understanding of hypnosis to a higher and different plane.

Participants desiring to pursue the extra 20 hours programme to be certified with the **International Medical and Dental Hypnotherapy Association (USA)** and with UK's **Association for Professional Hypnotherapists and Psychotherapists** can apply to join this 20 hours (run over 2 consecutive weekends) one month after the regular 100 hours NGH Certified Hypnotherapists' course. There will be a theory paper that will be taken by course participants before IMDHA and APHP can certify

Course participants will be steered directly to advanced hypnotherapeutic methods (without recourse to perfunctory methodologies) which may include the following:-

- Occupation of "Hypnotherapist" Defined
- Laws & Keys to Effective Suggestion
- Rules of the Mind & 10-Step "I'm in Control" Presentation
- Practical Hints in Suggestibility Testing
- Suggestibility Testing (Sway, Hand Clasp, Rising/Falling Arm, Eyelock, Finger Spreading, Pendulum etc)
- Essentials of Successful Hypnosis & Levels of Trance from other schools
- Forms, Ways and Various Advanced Hypnotic Induction Methods
- Characteristics of Experienced Subjects
- Additional Induction Scripts & Subjective Hypnotic Depths
- 15 Hypnotic Deepening Techniques & Hypnotic Challenges and Deepening
- Abreactions and Ending a Trance
- Metaphors, Analogies and Aphorisms
- Structuring a Metaphor & First Session Outline
- Four Stages of Programming the Client
- Intake and Client's Release Forms
- Introduction & Sample Cases to Clinical and Medical Hypnosis
- Parts Mediation, Inner Child, Igloo Therapy
- Past Life Regression
- Advanced Counseling Techniques.